

The Beauty of a Broken Heart

Performance Art / Installation

Duration: 10 mins

Beauty is healing. Moving on is beautiful.

Chapter I: Denial

Talk Me Down - Troye Sivan

No matter how hard I'm trying, the tears from my eyes just keep flowing. Maybe cause I finally couldn't resist it and went to scroll through my camera gallery. But it just kills me so much to see that things have spiralled out of control so quick and sudden. ~~I didn't have any warning to start rebuilding the wall I broke down when I gave my whole heart to you.~~

Maybe cause I'm finally back in my room and sitting in silence ~~and that's why the grief in my heart screams out so loud now.~~ Forced tears not to fall the entire way home just now but now I can't run away from my emotions any longer.

Somewhere a few kilometres away, there you are. It may sound morbidly depressing but I'm just trying to enjoy the moments, if these are really the last, that you're still my boyfriend.

I'll go take a cold shower now.

Chapter II: Gratitude

Your Loss I'm Found - Jessie J

Remember the night I was hugging you so tight in the study room? We were both feeling super emotional for some reason. I told you you're my true first because I didn't consider the mess I had been in earlier as anything real. I caught a tear escape your eye. I was so vulnerable and you told me how you didn't want to ever lose me. ~~I told you you already had my heart and you said you'd never break it.~~

We'd always talked about stuff, like how we could never imagine the day we're no longer texting anymore. Honestly at this point I don't think I'll ever get used to not talking to you. We've been connected for almost 11 months and that's a really long time.

I had always told you that my greatest fear was you not loving me anymore. ~~You said it was impossible because as long as I didn't do anything bad (like cheat or lie) it wouldn't happen and I believed you.~~ I'm not trying to ask you to love me again ~~or ask you to find it within you to develop feelings for me.~~ All I'm saying is that everything from the start was real. Everything still is real. And the reality of the situation is that I still love you and care about you. We both made promises to never hurt each other and I hope that as we are going through this, you don't feel hurt if not I would have broken my promise to you.

Chapter III: Restoration

Sandcastles - Beyoncé

If hurt ever finds its way into your heart, I'm sorry. Our dream is still waiting for us in the horizon. Our house, our dogs, our life. Maybe we've taken a wrong turn and got lost. Maybe the dream will forever remain a dream. I just pray you know how much you are to me and nothing in this world will ever be able to replace even the slightest bit of you.

Thank you for everything too babe! I'm glad we did things the right way from the start. I'm glad to hear all this. I have no regrets falling in love with you and I cannot thank you enough for letting me be me and still loving me unconditionally. Thank you for showing me that not all guys are liars and that I was capable of loving and more importantly being loved. You'll always have a special place in my heart and we will see where life takes us next. Sending my love always and forever!

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Soft ambience noise will begin to come in during Chapter II and will get louder to symbolize how I am moving on and getting back to being happy being with myself. The silence will emphasize how in the beginning I felt alone and empty.

1 minute acapella snippets will show my emotions through music because that's how I express myself best: through music and singing. These snippets will signify and separate the ending of the previous chapter and the beginning of the next.